



VIEW DIGITAL GUIDE

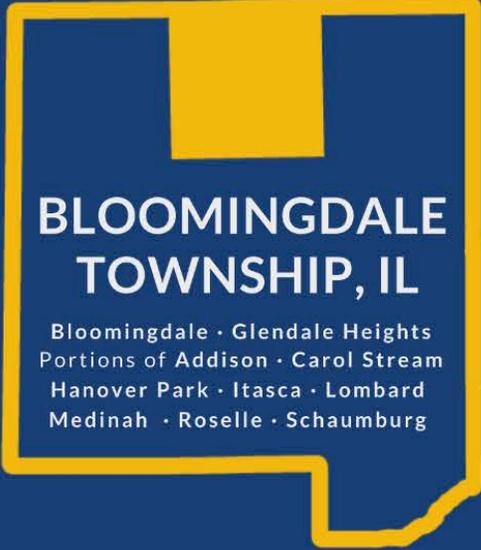


# COMMUNITY RESOURCE GUIDE

---

A directory of local social services  
available to support residents

---



## BLOOMINGDALE TOWNSHIP, IL

Bloomington · Glendale Heights  
Portions of Addison · Carol Stream  
Hanover Park · Itasca · Lombard  
Medinah · Roselle · Schaumburg

Compiled by Good Works Results  
[goodworksresults.com/guide](https://goodworksresults.com/guide)



### Your Local Healthy Friend!

We were founded on the mission that healthy options should be accessible to everyone. We pursue that mission by supporting the unique health journeys of each shopper. We offer a curated selection at the best value: clean supplements, personal care items, and organic foods.

We are your partners in wellness. Whether you're managing a health concern, supporting a loved one, or simply making better choices for your family, we are here with the products, knowledge, and personalized support you need.

*Because when our neighbors thrive, our whole community grows stronger.*

366 W. Army Trail Road, Bloomingdale | [fruitfullyield.com](http://fruitfullyield.com)



**WIDA GROUP LLC**  
TAX | ACCOUNTING | ADVISORY

### Professional Accounting & Advisory

WIDA Group LLC provides comprehensive solutions for all your accounting needs—from bookkeeping and financial statements to budgeting, forecasting, and tax preparation. We help businesses, nonprofits, and individuals achieve financial clarity with personalized, expert service.

*Supporting organizations that strengthen our community.*

630-570-0610 | [widatax.com](http://widatax.com)



### Your Community Bank

Founded in 1948, Itasca Bank & Trust Co. is a locally owned, independent community bank serving individuals and families in Itasca, Roselle, and surrounding communities, and supporting businesses throughout Chicagoland. We provide exceptional service, build lasting relationships, and support our communities through charitable giving and active engagement.

From personal and business banking to lending, trusts and estate services, and investment solutions, we offer the expertise and products to help you build and protect your financial future.

*Local decisions. Local people. Committed to your future.*

630-773-0350 | [ItascaBank.com](http://ItascaBank.com) | Member FDIC

# OVERVIEW

Welcome! This guide connects you to local services and support in Bloomingdale Township and surrounding areas. Whether you need care navigation, food assistance, mental health support, or other services, find resources here.

Your feedback makes this guide better. Please send edits or suggestions to [guide@goodworksresults.com](mailto:guide@goodworksresults.com) to help improve the digital version at [goodworksresults.com/guide](https://goodworksresults.com/guide).

## FIND SERVICES BY COLOR

Look for the color-coded service badges on each community nonprofit's listing to identify the specific types of care they provide:

DISABILITY SERVICES	MENTAL HEALTH	SUBSTANCE USE		
CRISIS	DOMESTIC VIOLENCE	EMPLOYMENT	ENRICHMENT	FOOD SECURITY
HEALTH SERVICES	HOUSING	LEGAL AID	PEER SUPPORT	EMPLOYMENT

## NAVIGATE BY SECTION

Jump to specific service categories using the Table of Contents below:

<b>COMMUNITY NONPROFITS</b>	<b>4</b>
ABOUT BEHAVIORAL CHANGE	4
ALIVE CENTER - HANOVER PARK	4
BRIDGE COMMUNITIES	5
DUPAGE HEALTH COALITION	5
DUPAGEPADS	6
EASTERSEALS DUPAGE & FOX VALLEY	6
FAMILY SHELTER SERVICE OF METROPOLITAN FAMILY SERVICES	7
FELLOWSHIP HOUSING	7
GLENBARD EARLY CHILDHOOD COLLABORATIVE	8
ICNA RELIEF	8
KIDS MATTER	9
LITTLE CITY FOUNDATION	9
NAMI DUPAGE	10
NEDSRA (NORTHEAST DUPAGE SPECIAL RECREATION ASSOCIATION)	10
NEDFYS (NORTHEAST DUPAGE FAMILY YOUTH SERVICES)	11
OUTREACH	11
RAY GRAHAM ASSOCIATION	12
SERENITY HOUSE COUNSELING SERVICES	12
TEEN PARENT CONNECTION	13
UCPSEGUIN OF GREATER CHICAGO	13
WINGS PROGRAM, INC	14
YWCA METROPOLITAN CHICAGO	14
<b>FOOD SECURITY</b>	<b>15</b>
<b>TOWNSHIP &amp; COUNTY SERVICES</b>	<b>18</b>
<b>LEGAL AID</b>	<b>20</b>
<b>SENIOR SERVICES</b>	<b>21</b>
<b>LITERACY</b>	<b>22</b>
<b>CRISIS HELPLINES</b>	<b>24</b>

# COMMUNITY NONPROFITS \*

MENTAL HEALTH

SUBSTANCE USE

DOMESTIC VIOLENCE

## ABOUT BEHAVIORAL CHANGE

847-791-4384 | [AboutBehavioralChange.org](http://AboutBehavioralChange.org)

*Start Here*

- ▶ **Information & Intake:** Call 847-791-4384 or email [ABCintakedesk@gmail.com](mailto:ABCintakedesk@gmail.com)
- ▶ **Spanish Services:** Call 815-219-9849
- ▶ **Office Hours:** Monday - Thursday, 2 pm to 10 PM

*Key Programs*

**Addiction Services:** DUI evaluations and treatment, gambling addiction counseling, alcohol/substance use disorder treatment, driver license reinstatement assistance.

**Domestic Violence:** Partner Abuse Intervention Programs (PAIP) approved by the Illinois Department of Human Services. Men's and women's groups for those who have caused harm.

**Mental Health & Support:** Individual, group, and family counseling for adults and adolescents dealing with isolation, loss, and relationship difficulties. Anger management and Nurturing Parenting Program for families.

About Behavioral Change addresses addiction, domestic violence, and mental well-being, including those with legal or employment-related requirements. Private insurance and Medicaid are accepted.

*\* Bloomingdale Township Mental Health Board-funded partner*



MENTAL HEALTH

ENRICHMENT

YOUTH & FAMILIES

## ALIVE CENTER - HANOVER PARK

630-778-6093 | [alivecenter.org/hanover-park](http://alivecenter.org/hanover-park)

*Start Here*

- ▶ **Drop In:** Free after-school hours Tuesday & Thursday, 2:30-5:30 PM
- ▶ **Tutoring:** Every Wednesday, 2-6 PM

*Key Programs*

**Drop-In & Activities:** Safe space with snacks for grades 5-12 during after-school hours. Teen-led STEM, arts, and life skills programs.

**Free Tutoring:** Weekly tutoring in all subjects for grades K-12.

**Leadership Development:** Teen Advisory Board offering real-life leadership skills and community impact opportunities.

Alive Center creates Teen-Led, Teen-Driven centers empowering youth to become confident, impassioned, resilient leaders. Serving teens in Hanover Park's Greenbrook Tanglewood neighborhood with free, accessible programs. Award-winning nonprofit recognized for effective peer mentoring model.

*\* Bloomingdale Township Mental Health Board-funded partner*



## BRIDGE COMMUNITIES

630-545-0610 | [bridgecommunities.org](http://bridgecommunities.org)

### Start Here

► **Apply for Services:** Call 630-545-0610 ext. 1 or email [intake@bridgecommunities.org](mailto:intake@bridgecommunities.org)

### Key Programs

**Transitional Housing:** Two years of free, stable housing providing a foundation for families experiencing homelessness in DuPage County. Safe homes enable families to focus on rebuilding their lives.

**Mentoring and Support:** Community volunteers provide personalized guidance through one-on-one mentoring relationships. Case management addresses immediate needs while building long-term stability and life skills.

**Employment and Financial Services:** Job placement assistance, career development, financial literacy education, and budgeting support. Programs help families increase income, build savings, and reduce debt for sustainable independence.



Bridge Communities transforms the lives of families experiencing homelessness through grassroots community partnerships. 85% of 2024 graduates secured permanent housing, 91% increased savings, 67% increased income, and 91% decreased debt. Serves over 100 families annually with a comprehensive path from crisis to self-sufficiency.

*\* Bloomingdale Township Mental Health Board-funded partner*

## DUPAGE HEALTH COALITION

630-510-8720 | [dupagehealthcoalition.org](http://dupagehealthcoalition.org)

### Start Here

► **Access DuPage:** Call to connect with primary care physicians, specialists, and free medications (income-eligible)

► **Health Insurance Help:** Call for Silver Access financial assistance with marketplace insurance

### Key Programs

**Access DuPage:** Connects eligible low-income and uninsured DuPage County residents to primary care, specialty care, diagnostic testing, and essential medications through a network of volunteer physicians and partner hospitals.

**Silver Access:** Provides financial help for lower-income families purchasing health insurance through the marketplace.

**Dispensary of Hope:** Offers certain medications at no cost to qualifying uninsured patients.

**Medical Debt Relief:** Addresses the burden of existing medical debt.



DuPage Health Coalition ensures accessible, affordable healthcare for all DuPage County residents regardless of income or insurance status. Known for exceptional financial stewardship: 94.8% of revenue goes directly to patient care. For every dollar received, DuPage hospitals and physician volunteers provide over ten dollars in donated services.

*\* Bloomingdale Township Mental Health Board-funded partner*

## DUPAGEPADS

630-682-3846 | dupagepads.org

### Start Here

- ▶ **Access Center:** Emergency Shelter intake M-F with food and shower access
- ▶ **Interim Housing Center:** 24-hour access to safety, meals, crisis supports, and connections to case management and referrals for specialized services

### Key Programs

**Street Outreach:** Connects unsheltered individuals with emergency shelter, food, water, blankets, and clothing.

**Interim Housing Center:** Private shelter rooms with meals and case management. Prioritizes families with children, domestic violence survivors, and individuals with health challenges.

**Empowerment Center:** Case management, employment and financial literacy workshops, and connections to health, educational, and community services.

**Permanent Supportive Housing:** Subsidized housing with case management for individuals and families with disabling conditions experiencing chronic homelessness.

DuPage PADS serves individuals and families experiencing homelessness in DuPage County, including vulnerable populations such as young children, seniors, survivors of domestic violence, and veterans. Known for breaking the cycle of homelessness through housing, support services, and employment opportunities.

*\* Bloomingdale Township Mental Health Board-funded partner*



**DuPagePads**  
The Solution to End Homelessness.

## EASTERSEALS DUPAGE & FOX VALLEY

630-620-4433 | dfv.easterseals.com

### Start Here

- ▶ **Therapy Services:** Call to schedule an evaluation
- ▶ **Autism Services:** Call for diagnostic assessment
- ▶ **Early Intervention:** Call 331-481-4263 for developmental support for ages 0-3

### Key Programs

**Rehabilitation Therapies:** Physical, occupational, and speech and language therapy enhancing mobility, daily living skills, and communication for children from birth to 18. Customized treatment plans with specialized feeding therapy available.

**Mental Health and Family Support:** Social workers provide counseling for children and families. Care Coordinator connects clients with community resources and referrals. Nutrition services and audiology are available for all ages.

**Autism:** Identification, assessment, and support led by a clinical psychologist. Assistive technology improves functional capabilities through devices that aid communication and independence. Diagnostic clinics assess equipment needs.

**Early Intervention:** Provides therapeutic support and family-centered services to address developmental delays.

Easterseals DuPage & Fox Valley is the region's trusted pediatric rehabilitation center, empowering children with disabilities to thrive. Known for ensuring every child has access to care regardless of ability to pay.

*\* Bloomingdale Township Mental Health Board-funded partner*



## FAMILY SHELTER SERVICE OF METROPOLITAN FAMILY SERVICES

630-221-8290 | [metrofamily.org/fsssofmsfd](http://metrofamily.org/fsssofmsfd)

### Start Here

- ▶ **24/7 Hotline:** Call 630-469-5650 for confidential support and information
- ▶ **Temporary Shelter:** Call for options when planning to leave a violent relationship
- ▶ **Court Services:** Call for Order of Protection advocacy in DuPage County



### Key Programs

**24/7 Hotline:** Confidential lifeline providing support, safety planning, and information regarding domestic abuse for survivors and concerned loved ones.

**Temporary Shelter:** Safe housing for individuals planning to leave violent relationships, offering refuge during crisis.

**Support Services:** Individual and group counseling, case management, and domestic violence education series for adults and children. Provides emotional support and coping strategies.

**Court Services:** Advocacy and guidance through the Order of Protection process in DuPage County courts.

**Community Education:** 40-Hour Domestic Violence Training for professionals and community members to deepen understanding of domestic violence dynamics and intervention.

Family Shelter Service provides help and hope to survivors of domestic violence. Known for intervention and long-term support that empowers families to heal from trauma, achieve independence, and lead lives free from abuse.

## FELLOWSHIP HOUSING

847-882-2511 | [fhcmoms.org](http://fhcmoms.org)

### Start Here

- ▶ **Learn more:** Call 847-882-2511 or go to [fhcmoms.org/how-it-works](http://fhcmoms.org/how-it-works)



### Key Programs

**Two-Year Transitional Housing:** Safe, affordable housing providing a stable foundation for single mothers and their children to rebuild lives and work toward independence.

**Mentorship and Case Management:** Personalized guidance, financial education, and emotional support helping single mothers develop essential life skills and achieve personal goals by working with their full-time Family Advocate.

**Financial Literacy and Budgeting:** Knowledge and tools to manage finances effectively, reduce debt, and build savings.

**Employment Support:** Job search assistance, career development, resume building, and interview preparation, helping mothers secure stable employment and increase income.

**Child Enrichment:** Stable, supportive environment and resources promoting the well-being and healthy development of children in the program.

Fellowship Housing empowers single mothers and their children to achieve self-sufficiency and break the cycle of poverty. Known throughout the community for proven outcomes: participating families significantly increase income, reduce debt, grow savings, and successfully transition to independent living.

*\* Bloomingdale Township Mental Health Board-funded partner*

## GLENBARD EARLY CHILDHOOD COLLABORATIVE



630-942-5600 | [casedupage.com/glenbard-early-childhood-collaborative](https://casedupage.com/glenbard-early-childhood-collaborative)

### Start Here

- ▶ **Free Screenings:** Call to schedule developmental screening for children ages 2 months to 5 years
- ▶ **Parent Programs:** Call to register for Early Childhood Glenbard Parent Series workshops

### Key Programs

**Free Developmental Screenings:** Identifies developmental needs early for children ages 2 months to 5 years.

**Early Childhood Glenbard Parent Series:** Expert-led workshops discussing child development topics, parenting strategies, and early learning best practices.

**Family Playgroup in Spanish:** Culturally and linguistically accessible playgroup offering interactive activities, social connection, and developmental support for Spanish-speaking families.

**Pop Up Playtime and Growing Families Group:** Engaging play and learning opportunities for young children. Support groups for pregnant parents and those with infants provide peer connection and guidance.

Glenbard Early Childhood Collaborative creates environments where young children and families in Glendale Heights, Glen Ellyn, Lombard, and surrounding areas are safe, happy, healthy, and eager to learn. Initiative of CASE DuPage.

*\* Bloomingdale Township Mental Health Board-funded partner*

## ICNA RELIEF

844-414-4862 | [icnarelief.org/chicago](https://icnarelief.org/chicago)



### Start Here

- ▶ **Food Pantry:** Walk-in Tuesday & Thursday 12-4 PM, Saturday 11 AM-4 PM
- ▶ **Case Management:** Call or email [chicago@icnarelief.org](mailto:chicago@icnarelief.org) to schedule an appointment

### Key Programs

**Hunger Prevention:** Client choice shopping with fresh produce, dairy, staples, proteins, halal items, culturally appropriate foods, and baked goods. Walk-ins are welcome three days per week.

**Case Management:** Personalized support guiding individuals and families through various life challenges and connecting them to vital services. Public benefits application assistance.

**Mental Health & Religious Counseling:** Professional support for mental health and spiritual guidance.

**Women's Transitional Housing:** Comprehensive support for homeless women, mothers, and their young children.

**Community Programs:** Back2School Program distributing backpacks annually. Monthly senior programming. ESL classes. Health screenings and telehealth.

ICNA Relief serves neighbors across Bloomingdale Township by providing direct, practical assistance during times of need—from food access and case management to housing stability and community-based programs. Each year, approximately 4,000 local residents rely on ICNA Relief for support that helps them navigate challenges and move forward with stability.

*\* Bloomingdale Township Mental Health Board-funded partner*

## KIDS MATTER

331-249-6838 | kidsmatter2us.org



### Start Here

- ▶ **SpringBoard Summer Series:** Register for career exploration programs
- ▶ **Youth Mental Health First Aid:** Call to register for training on supporting youth mental health
- ▶ **Teen Philanthropy Initiative:** Call to apply for a two-year nonprofit education leadership program

### Key Programs

**Career Exploration:** SpringBoard Summer Series offers students ages 16+ hands-on experience in high-demand fields like healthcare and construction management. Networking opportunities with professionals.

**Mental Health Education:** Youth Mental Health First Aid teaches peers, parents, caregivers, teachers, and school staff how to identify, understand, and respond to youth experiencing mental health challenges, crises, or addictions.

**Youth Leadership:** Teen Philanthropy Initiative provides a two-year program for high school students that offers real-world experience in grantmaking, fundraising, and volunteerism.

KidsMatter builds resilient youth by empowering them to realize their purpose, know their value, and find their pathway. Known throughout the community for prevention-focused programming that equips families with tools to help kids say "no" to destructive choices and "yes" to endless possibilities.

*\* Bloomington Township Mental Health Board-funded partner*

## LITTLE CITY FOUNDATION

847-358-5510 | littlecity.org



### Start Here

- ▶ **Day Programs:** Call to explore community day services and programs
- ▶ **Employment Services:** Call for support securing and maintaining employment

### Key Programs

**Residential Services:** Various living arrangements providing safe, supportive homes where individuals can thrive.

**Therapeutic Day School:** Elementary, high school, and THRIVE programs offering educational/developmental growth.

**Community Day Services:** Specialized programs including Autism Program, Arts Center, Horticulture, Life in Motion, and Recreation & Fitness, promoting skill development and community engagement.

**Employment Services:** Supports individuals with disabilities in securing and maintaining successful community employment, building independence and self-sufficiency.

**Behavioral Health Clinic:** Providing family and community services, including counseling and therapeutic support.

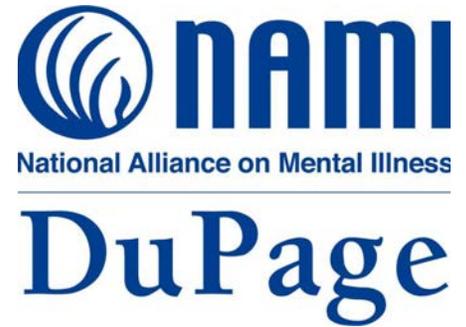
**Foster Care & Adoption:** Facilitates foster care and adoption services for diverse populations.

Little City Foundation empowers children and adults with intellectual and developmental disabilities to achieve dignity, equity, opportunity, and fulfillment. Established in 1959, known for creating safe, nurturing environments where individuals thrive. Three-year CARF accreditation recognizing commitment to high-quality services.

*\* Bloomington Township Mental Health Board-funded partner*

## NAMI DUPAGE

630-752-0066 | namidupage.org



### Start Here

- ▶ **In Crisis:** Text HELPLINE to 62640 (24/7 peer support)
- ▶ **Support Groups:** Drop in; Schedule at [namidupage.org/support-groups](http://namidupage.org/support-groups)
- ▶ **Workforce Program:** Call 630-752-0066 for intake

### Key Programs

**Support & Education:** Peer-led groups (NAMI Connections, Family Support) and evidence-based courses (Family-to-Family, Peer-to-Peer) led by facilitators with lived experience. Free and low-cost programs.

**Crisis & Support Services:** The "Living Room" provides a non-clinical, peer-led alternative to the emergency room for adults experiencing mental health crises. Immediate crisis information and resource connections are available.

**Workforce & Advocacy:** Employment skills and support for individuals with lived mental health experience. Policy advocacy to challenge stigma and promote understanding.

NAMI DuPage improves lives through peer support, education, and advocacy for mental wellness in DuPage County and surrounding areas. Serving people of all ages, races, religions, and income levels. Nationally recognized for the "Ending the Silence" presentation developed here.

*\* Bloomingdale Township Mental Health Board-funded partner*

## NEDSRA NORTHEAST DUPAGE SPECIAL RECREATION ASSOCIATION

630-620-4500 | nedsra.org



### Start Here

- ▶ **Browse Programs:** See 600+ programs at [nedsra.org](http://nedsra.org)
- ▶ **Register:** Call 630-620-4500 or register online

### Key Programs

**Youth & Adult Recreation:** Over 600 programs annually for ages 3 through adulthood, including specialized summer camps, community outings, social events, and skill development activities tailored to individual abilities.

**EXCEL & Special Olympics:** School-based program serving 1,300 special education students across 50+ schools. Adaptive sports training and competition in wheelchair basketball, softball, track and field, archery, and more.

**Specialized Programs:** VETS (Veteran Engagement, Training, and Support) wellness program for veterans with disabilities. Cultural Arts and Sensory Station for creative expression. Adult day programs for individuals with intellectual disabilities, autism, physical disabilities, and visual impairments.

NEDSRA is an award-winning cooperative serving 4,000+ individuals annually across eleven park districts and villages in northeast DuPage County and west Cook County. Guided by values of Service with Compassion, Excellence, Integrity, and FUN. Fee assistance and scholarships are available.

*\* Bloomingdale Township Mental Health Board-funded partner*

## NEDFYS NORTHEAST DUPAGE FAMILY YOUTH SERVICES

630-693-7934 | NEDFYS.org



### Start Here

► **Therapy:** Call 630-693-7934 or email [intakes@nedfys.org](mailto:intakes@nedfys.org) to schedule affordable counseling (sliding scale, private insurance, and Medicaid accepted)

### Key Programs

**Therapy and Counseling:** Free or low-cost individual, family, and group therapy, including trauma-focused and restorative justice-based programs. Supports emotional well-being and healthier relationships for youth and families.

**Case Management and Mental Health Supports:** Focused on youth involved in juvenile justice systems, providing guidance and coordination of services.

**Police-Based Services:** Mental health crisis and domestic violence follow-up, 24/7 on-call crisis support for youth and family disruptions, and case management for community care coordination.

**Prevention Programs:** Community education related to the social and emotional health of children and adolescents.

Northeast DuPage Family Youth Services provides high-quality, accessible mental health and social services, empowering individuals and families to build resilience and well-being. Services available virtually and in-person at Addison and Bloomingdale offices, plus in-field services at police departments and schools throughout the community.

*\* Bloomingdale Township Mental Health Board-funded partner*

## OUTREACH

630-682-1910 | [weareoutreach.org](http://weareoutreach.org)



# OUTREACH

### Start Here

- **Counseling Center:** Call to schedule individual, family, or couples therapy
- **Transitional Housing:** Call for safe housing for women and families
- **Youth Programs:** Call to register for after-school programs and tutoring

### Key Programs

**Family Stabilization:** Case management services are provided to those struggling to meet basic needs such as housing stability, access to food pantries, and employment services.

**Transitional Housing:** Safe, supportive housing for homeless young women (ages 18-24) and young single mothers (ages 18-24) with one child.

**Employment & Career Opportunities:** Comprehensive employment training for young adults (ages 18-29), fostering self-sufficiency and successful entry into the workforce through skill development and job readiness.

**Counseling Center:** Services include individual, family, and couples therapy conducted by therapists trained in various models. Psychological testing and evaluation services are also available.

Outreach serves vulnerable people through a variety of community services that prepare them to reach their fullest potential. The location serving residents of Bloomingdale Township is in Carol Stream.

## RAY GRAHAM ASSOCIATION

630-620-2222 | raygraham.org

### Start Here

- ▶ **Residential Services:** Call to learn more about supported living options
- ▶ **Employment Services:** Call for job training, placement, and ongoing support
- ▶ **Emerge Behavioral Health Clinic:** Call for behavioral health services



### Key Programs

**Residential Services:** A range of options from community-based homes to apartments with friends, helping individuals develop essential life skills in safe, supportive environments.

**Employment Services:** Job training, placement, and ongoing support enabling individuals to find meaningful work.

**Emerge Behavioral Health Clinic:** Services for individuals with disabilities and families, offering counseling, assessment, and treatment from licensed professionals specializing in disability support through various therapies.

**Life Skills Development:** Community Learning Services and Monarch programs help individuals develop essential skills in cooking, budgeting, hygiene, and other areas, enhancing independence and quality of life.

**Family Support Services:** Helps families find the best opportunities and options for loved ones with disabilities.

**Recreation:** Therapeutic horsemanship uses horses to improve physical, mental, and emotional well-being. Gateway SRA offers social and recreational activities, including clubs, camps, trips, and events.

Ray Graham Association empowers people with disabilities to Reach, Grow, and Achieve through innovative, individualized services. A beacon of support for nearly 2,000 people with disabilities.

*\*Bloomington Township Mental Health Board-funded partner*

## SERENITY HOUSE COUNSELING SERVICES

630-620-6616 | serenityhouse.com

### Start Here

- ▶ **Residential & Outpatient Programs:** Call for options
- ▶ **DUI Services:** Call for evaluation and treatment for DUI offenses



### Key Programs

**Residential & Outpatient Programs:** Structured residential living and flexible intensive outpatient treatment options providing continuous support throughout the recovery journey.

**DUI Services:** Evaluations and treatment for individuals with DUI offenses, facilitating legal compliance and promoting responsible choices and long-term sobriety.

**Adolescent Programs:** Specialized interventions designed to address the unique needs of younger individuals struggling with substance abuse, providing age-appropriate support.

**Recovery Home Programs:** Supports individuals transitioning to independent living with continued guidance, accountability, and relapse prevention strategies.

Serenity House provides comprehensive addiction treatment and recovery support services, helping hundreds of men and women achieve long-term sobriety and a fulfilling life.

## TEEN PARENT CONNECTION

630-790-8433 | [teenparentconnection.org](http://teenparentconnection.org)

### Start Here

- ▶ **Home Visiting:** Personalized parenting education from pregnancy through age five.
- ▶ **Support Groups:** Teen-focused pregnancy, labor, postpartum, and parenting groups;
- ▶ **Parents' Pantry:** Free diapers, baby clothing, and children's essentials.

### Key Programs

**Parenting Support:** Community-based doula services offering support during pregnancy, labor, and postpartum; home visiting using Healthy Families and Parents as Teachers models; personalized education on child development; parenting support groups; and specialized engagement for young fathers to strengthen their parenting role.

**Family Resources:** Parents' Pantry providing diapers, wipes, and baby essentials; car seat safety education.

**Youth Education:** Peer Prevention Program delivering comprehensive reproductive health education for adolescents.

**Mental Health Services:** Therapy for young parents and their children through individual, family, and group counseling.

Teen Parent Connection has supported adolescent parents since 1985, recognized throughout DuPage County as the trusted resource for preventing child abuse and neglect and helping young families build strong, self-sufficient futures.

*\* Bloomingdale Township Mental Health Board-funded partner*



## UCPSEGUIN OF GREATER CHICAGO

708-863-3803 | [ucpseguin.org](http://ucpseguin.org)

### Start Here

- ▶ **Children's Services:** Call for specialized foster care and support for parents
- ▶ **Adult Services:** Call for residential, day services, and employment support
- ▶ **Accessibility Services:** Call for durable medical equipment and home modifications

### Key Programs

**Children's Services:** Specialized foster care and support for foster parents caring for children with disabilities.

**Adult Services:** Residential options, community day services, and employment support, helping adults with disabilities achieve independence and meaningful community participation.

**Assistive technology:** Solutions enhancing independence and communication through specialized devices and training.

**Accessibility Services:** Access to durable medical equipment and home modifications.

**Social Enterprises:** Operates Seguin Gardens & Gifts and Seguin Auto Center, providing vocational training and employment opportunities for individuals with disabilities.

**Clinical Services:** Behavioral health and family support addressing mental health needs and strengthening families.

United Cerebral Palsy Seguin fosters "Life Without Limits for People with Disabilities." Serving over 27,620 individuals and caregivers across 90 communities in metropolitan Chicago.

*\* Bloomingdale Township Mental Health Board-funded partner*



## WINGS PROGRAM, INC

847-519-7820 | wingsprogram.com

### Start Here

- ▶ **Crisis:** Call 847-221-5680 for 24-hour emergency shelter and crisis assistance
- ▶ **Counseling:** Call 847-519-7828 for counseling and mentoring

### Key Programs

**Emergency Safe Houses:** Two safe houses for survivors fleeing domestic violence

**Transitional and Permanent Housing:** 150+ houses and apartments

**Foglia Family Resource Center (FFRC):** Free counseling and support groups for adults, parents, teens, and children, nurturing parenting program, grief counseling, EMDR, and DBT Therapy

**Hospital Program:** Bedside crisis intervention services at partnering hospitals and screening for domestic violence

**Mentoring: Survivor** Lifeline matches compassionate mentors, who are survivors of domestic violence themselves, with mentees who have just moved out of a domestic violence relationship.



As the largest domestic violence agency in Illinois, WINGS creates high-quality, customized domestic violence programs for survivors of all ages, ethnicities, and gender identities. Last year, 95% of survivors reported not returning to their abusers upon exiting WINGS Safe House or Housing Programs.

*\* Bloomingdale Township Mental Health Board-funded partner*

## YWCA METROPOLITAN CHICAGO

312-372-6600 | YWCAChicago.org

### Start Here

- ▶ **Child Care Assistance:** Call for help paying for childcare or finding quality care
- ▶ **Sexual Violence:** Contact 888-293-2080 for the Chicago Rape Crisis Hotline

### Key Programs

**Child Care Assistance:** The Child Care Assistance Program (CCAP) helps income-eligible parents pay for child care. Child Care Resources & Referral (CCR&R) assists families in finding quality, affordable care.

**Strong Families Home Visiting:** Empowers parents through research-based parenting curricula and trauma-informed services, fostering healthy child development and self-sufficiency.

**Children's Mental Health Consultation:** Proactive support to early childhood programs.

**Sexual Violence Survivors Supports:** Comprehensive counseling and operates the Chicago Rape Crisis Hotline.

**Economic Empowerment:** Job skills training, financial sustainability support, and entrepreneurship programs, including small business support to close the racial wealth gap.

**Head Start & Early Head Start:** Prepares young children from low-income families for school success while supporting family wellbeing through a two-generation approach.



YWCA Metropolitan Chicago is a social enterprise dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom, and dignity for all. Serves women of color, youth, childcare providers, and survivors of violence.

*\* Bloomingdale Township Mental Health Board-funded partner*

# FOOD SECURITY

**SEARCH TIP** → Find additional food pantries and mobile food distributions at: [chicagosfoodbank.org/find-food](https://chicagosfoodbank.org/find-food)

**COMMUNITY TIP** → Many food pantries offer care navigation, helping you connect with counseling, legal aid, financial assistance, and other community resources. Ask the staff what is available.

## BLOOMINGDALE TOWNSHIP FOOD PANTRY

123 N. Rosedale Avenue, Bloomingdale (Annex Building, Behind Main Building)  
630-529-9993 | [bloomingdaletownship.com/services/general-assistance-department](https://bloomingdaletownship.com/services/general-assistance-department)

- ▶ **Drive-Up for Pre-Packed Boxes:** Wednesday & Friday, 9-11 AM
- ▶ **Diaper Distribution:** Wednesday & Friday, 10-11 AM
- ▶ **Special Programs:** Holiday meals, Holiday Toy Shop
- ▶ **Eligibility:** Qualified Bloomingdale Township residents only; utility bill required for residency proof; two visits per month
- ▶ **Good to Know:** Part of Bloomingdale Township's comprehensive support system connecting residents with General Assistance, emergency aid, and other township services. Help with LIHEAP applications.

## INTERFAITH FOOD PANTRY - CAROL STREAM

345 S. President St, Carol Stream | 630-665-6426 | [interfaithfoodpantry.org](https://interfaithfoodpantry.org)

- ▶ **Walk-In:** Monday & Wednesday 9 AM-12 PM, Tuesday & Thursday 12-3 PM
- ▶ **How It Works:** Client choice shopping
- ▶ **Service Area:** Glendale Heights, Carol Stream, and 4 other communities
- ▶ **Eligibility:** Residents of Glendale Heights, Carol Stream, and four other partner communities
- ▶ **Good to Know:** Long-standing interfaith collaboration built on partnerships between local congregations.

## LUTHERAN CHURCH OF THE MASTER FOOD PANTRY - CAROL STREAM

580 N. Kuhn Road, Carol Stream | 630-665-5188 | [neighborhoodfp.org/our-pantry-locations](https://neighborhoodfp.org/our-pantry-locations)

- ▶ **Order Pick-up:** Tuesday & Thursday, 5-7 PM
- ▶ **How It Works:** Order groceries online and pick up during scheduled hours.
- ▶ **Eligibility:** Bloomingdale Township Residents
- ▶ **Good to Know:** Part of the Neighborhood Food Pantries network.

## ST. ANDREW UNITED METHODIST FOOD PANTRY - CAROL STREAM

250 N. Gary Avenue, Carol Stream | 630-653-7116 | [neighborhoodfp.org/our-pantry-locations](https://neighborhoodfp.org/our-pantry-locations)

- ▶ **Walk-In:** Monday, 5-6 PM
- ▶ **How It Works:** Client choice shopping
- ▶ **Eligibility:** Contact pantry for specific requirements; part of coordinated network serving the Carol Stream area
- ▶ **Good to Know:** Families select foods their households will actually use, reducing waste and maintaining dignity. Part of the Neighborhood Food Pantries network.

## FAMILY IN FAITH FOOD PANTRY - GLENDALE HEIGHTS

1480 Bloomingdale Road, Glendale Heights | 630-315-4012 | [fifcc.org/next-food-pantry-reg-9am-distribution-10-am](http://fifcc.org/next-food-pantry-reg-9am-distribution-10-am)

- ▶ **Walk-In:** Wednesday 4-7 PM, Saturday 9 AM-12 PM
- ▶ **How It Works:** Client choice shopping
- ▶ **Eligibility:** Complete one-time form to receive ID card for future use.
- ▶ **Good to Know:** Bilingual staff ensures Spanish-speaking families receive welcoming, accessible service. Part of the Neighborhood Food Pantries network.

## GLEN HOUSE FOOD PANTRY - GLEN ELLYN

55 N. Park Blvd., Glen Ellyn | 630-469-8668 | [glenhousefoodpantry.org](http://glenhousefoodpantry.org)

- ▶ **Walk-In:** Monday-Thursday 11:30 AM-12:30 PM, Tuesday 5-6:30 PM
- ▶ **Monthly Visit by Appointment:** Monday-Thursday 1:30-3:30 PM; Tuesday 5-6:30 PM; 2nd Thursday 4:30-6PM
- ▶ **How It Works:** Client choice shopping
- ▶ **Translation:** Available in most languages
- ▶ **Eligibility:** Serves neighbors in need who live, work, or attend school in DuPage County. First-time visitors must register
- ▶ **Good to Know:** Monthly visits by appointment include fresh produce, meat, milk, eggs, and non-food items like toiletries and household supplies. Professional translation services are available.

## ICNA RELIEF FOOD PANTRY - GLENDALE HEIGHTS

1781 N. Bloomingdale Road, Glendale Heights | 630-785-0317 | [icnarelief.org/chicago](http://icnarelief.org/chicago)

- ▶ **Walk-In:** Tuesday & Thursday 12-4 PM, Saturday 11 AM-4 PM
- ▶ **How It Works:** Client choice shopping. No appointment needed.
- ▶ **Items Available:** Fresh produce, dairy, staples, proteins, halal items, culturally appropriate foods, and baked goods.
- ▶ **Good to Know:** Families can select culturally appropriate foods and order ahead for convenience. Part of a larger organization providing case management, housing support, ESL classes, and other wraparound services.

## HANDS OF HOPE FOOD PANTRY - HANOVER PARK

5700 Bartels Rd, Hanover Park | 630-671-1570 | [evangelchurch.cc/hands-of-hope](http://evangelchurch.cc/hands-of-hope)

- ▶ **Hours** Tuesday, 3-6 PM
- ▶ **How It Works:** Client choice shopping. No appointment needed,
- ▶ **Items Available:** Produce, meat, dairy, shelf items, paper products
- ▶ **Eligibility:** No requirements; open to all community members in need
- ▶ **Good to Know:** Explicitly welcoming policy for immigrants creates a safe, inclusive environment where all community members can access food without fear. Comprehensive selection includes fresh items and household essentials.

## ITASCA FOOD PANTRY

336 W. Center St, Itasca | 630-607-9943 | [itascacares.org/pantry](http://itascacares.org/pantry)

- ▶ **Hours:** Saturday, 8:30-10:30 AM
- ▶ **How It Works:** Food distribution by online appointment
- ▶ **Service Area:** Itasca
- ▶ **Eligibility:** Itasca area residents; contact the pantry for specific service area boundaries and requirements
- ▶ **Good to Know:** Volunteer-driven operation reflecting community commitment to supporting neighbors in need. Provides essential food supplies to this smaller community within the service area.

## ROSELLE COMMUNITY FOOD PANTRY

425 W. Irving Park Road, Roselle | 630-461-9132 | [rosellecommunityfoodpantry.com](http://rosellecommunityfoodpantry.com)

- ▶ **By Appointment Only:** Saturday, 9:30-11 AM
- ▶ **How It Works:** Food distribution
- ▶ **Items Available:** Bread, fresh fruits, vegetables, dairy, meat, and personal hygiene items
- ▶ **Eligibility:** Must be a current resident of Roselle, Bloomingdale, or Medinah with proof of residency
- ▶ **Good to Know:** Appointment-based service ensures adequate food supply for each family and reduces wait times. Includes essential personal hygiene items supporting both nutrition and dignity.

## WILLOW CREEK CARE CENTER FOOD STORE - SOUTH BARRINGTON

67 Algonquin Rd., Entrance G, South Barrington | 224-512-2600 | [willowcreekcarecenter.org/services/food-store](http://willowcreekcarecenter.org/services/food-store)

- ▶ **Walk-In:** Tuesday 10 AM-12 PM & 6:30-7:30 PM, Wednesday 6:30-7:30 PM, Thursday 10 AM-12 PM & 6:30-7:30 PM, Saturday 8-10 AM
- ▶ **How It Works:** Full-choice pantry. Shop once per calendar month. Doors open 1 hour before the start of operation.
- ▶ **Eligibility:** No income requirements; open to any person or family in need.
- ▶ **Good to Know:** Culturally responsive foods are available. In addition to the food store, Willow Creek Care Center offers a free health clinic, case management services that connect families to community resources, and a clothes closet that provides essential items.

## PEOPLE'S RESOURCE CENTER - WHEATON

201 S. Naperville Road, Wheaton | 630-682-5402 | [peoplesrc.org](http://peoplesrc.org)

- ▶ **Walk-In Hours (Curbside):** Wed 3-7 PM, Sat 8:30-11 AM
- ▶ **Appointment Hours (Indoor Shopping):** Tue 9 AM-12 PM, Thu 9 AM-12 PM & 1-3 PM
- ▶ **How It Works:** Hybrid model with indoor shopping by appointment (Tue/Thu) and curbside pickup without appointment (Wed/Sat). Online ordering available for registered clients at [prconlinemarket.org](http://prconlinemarket.org).
- ▶ **Eligibility:** DuPage County residents with income at or below 300% Federal Poverty Level. First-time clients register during pantry hours.
- ▶ **Good to Know:** People's Resource Center (PRC) has served communities "neighbor to neighbor" for 50+ years. Beyond the food pantry, PRC offers emergency financial assistance, job assistance and coaching, adult learning programs (ESL, GED, citizenship prep), a clothes closet, and computer training.

# TOWNSHIP & COUNTY SERVICES

MENTAL HEALTH

CRISIS

FOOD SECURITY

HOUSING

YOUTH & FAMILIES

## BLOOMINGDALE TOWNSHIP

630-529-9993 | [bloomingdaletownship.com/services](http://bloomingdaletownship.com/services)

### Start Here

- ▶ **General & Emergency Assistance:** Call 630-529-9993 for urgent support or to apply for a monthly financial grant for living expenses
- ▶ **Youth Counseling:** Call 630-893-6685 for free mental health counseling

### Key Programs

**General Assistance Monthly Grant:** Provides monthly financial support for eligible township residents aged 18+ who meet income requirements, have no other means of support, and are able to work or are pending disability benefits.

**Emergency Assistance:** One-time yearly assistance for township residents based on income and family size. Provides assistance with rent, mortgage payments, utilities, and food during financial crises.

**LIHEAP (Low Income Home Energy Assistance):** Assists eligible residents with residential gas and electric bills through grants paid directly to utilities. Income-qualified based on family size. The program runs from September through May.

**Food Pantry:** Pre-packed food boxes for qualified township residents. Drive-up on Wednesday and Friday, 9-11 AM.

**Family and Youth Counseling:** Free confidential support helping parents and children address issues related to childhood and adolescence. Addresses school-related problems, including conflicts, truancy, depression, and anxiety. Designed to help families develop workable "family plans" for acceptable solutions.

**Resource and Referral Service:** Maintains updated files of reputable agencies throughout Bloomingdale Township, DuPage County, and the Metropolitan Chicago Area. Staff refer individuals to agencies best suited for their specific needs, ensuring appropriate service connections.

Bloomingdale Township serves residents of Bloomingdale, Glendale Heights, and parts of Addison, Carol Stream, Hanover Park, Itasca, Lombard, Medinah, Schaumburg, and Roselle. An annual utility bill is required for residency proof.

## BLOOMINGDALE TOWNSHIP MENTAL HEALTH BOARD

[bloomingdaletownship.com/services/community-mental-health-board](http://bloomingdaletownship.com/services/community-mental-health-board)

Established by township referendum under the Illinois Community Mental Health Act to plan, coordinate, and evaluate comprehensive mental health services for children and adults throughout Bloomingdale Township. The Board funds and oversees a network of partner agencies delivering mental health, developmental/intellectual disabilities, and substance use services. Develops a cohesive system that meets diverse community needs by strategically allocating funding to agencies. Evaluates program effectiveness to ensure high-quality care and responsible resource utilization.

*Nonprofits marked with an asterisk (\*) in this guide receive funding from the Bloomingdale Township Mental Health Board.*



## DUPAGE COUNTY COMMUNITY SERVICES

630-407-6500 | [dupagecounty.gov/community](http://dupagecounty.gov/community)

*Start Here*

► **Main Line:** Call 630-407-6500 for general inquiries and program information

*Key Programs*

**Housing Assistance:** Provides housing payments and home repair assistance, helping residents maintain safe, stable housing and address critical maintenance needs.

**Utility and Home Energy Assistance:** Utility payment assistance and home energy improvements, including LIHEAP application processing, ensuring essential services remain connected.

**Financial Self-Sufficiency:** Helps individuals set and achieve goals to increase income, manage spending, and address personal financial needs, building a path to independence.

**Adult Protective Services:** Responds to reports of abuse or self-neglect for individuals aged 60 or older and those aged 18 or older with disabilities. Senior abuse hotline: 866-800-1409 (available 24/7).

**Caregiver and Parenting Resources:** Resources and support for caregivers of adults.

**Transportation Assistance:** Programs helping residents access transportation, medical appointments, and essential needs.

**Scholarship Program:** Annual scholarship program supporting educational endeavors for DuPage County residents.

**Community Resources:** Connections to a wide range of community support services across the county.

DuPage County residents. Specific program eligibility varies by service.

## DUPAGE COUNTY HEALTH DEPARTMENT

630-682-7400 | [dupagehealth.org](http://dupagehealth.org)

*Start Here*

► **Main Line:** Call 630-682-7400 for general health services and program information

► **Crisis Recovery Center:** Call 630-627-1700 for mental health and substance use disorder services

*Key Programs*

**Behavioral Health Services:** Comprehensive mental health and substance use disorder services, including crisis support, counseling, and specialized programs for youth, adults, and families.

**Communicable Disease & Epidemiology:** Works to prevent epidemics and control the spread of infectious diseases.

**Community Health Resources:** Community initiatives, health promotions, and emergency preparedness addressing public health priorities and disaster response coordination.

**Clinical Services:** Immunizations for all ages, STD and HIV testing and treatment, TB control and screening.

**Dental Services:** Dental care through clinic and school-based programs providing oral health services.

**Women and Children's Health:** WIC (Women, Infants, and Children) program and Healthy Families DuPage, supporting the health and well-being of mothers and young children through nutrition assistance and home visiting.

**Health Insurance and Benefit Resources:** Assists uninsured and underinsured residents in applying for health insurance and other benefits, connecting individuals to coverage options.

Many services are available regardless of insurance status; sliding scale fees may apply.

# LEGAL AID

**COMMUNITY TIP** → Don't navigate legal issues alone. Staff at organizations throughout this guide can provide legal aid referrals and help you understand which services match your needs. If you're already receiving assistance, ask about legal service connections.

## ADMINISTER JUSTICE

855-818-4554 | [administerjustice.org/gethelp](https://administerjustice.org/gethelp)

*Start Here*

► **Legal Aid:** Call for affordable legal help with a \$30 one-time copay

*Key Programs*

Affordable legal aid and coaching covering divorce, custody, landlord/tenant issues, debt, estates, immigration, and criminal records. A 45-minute consultation with an attorney provides personalized guidance. Continued help at no additional cost after the initial appointment. Support through client advocates.

## DUPAGE LEGAL AID

630-653-6212 | [dupagelegalaid.org](https://dupagelegalaid.org)

*Start Here*

► **Free Legal Representation:** Call for intake Monday - Friday, 9 AM - 2 PM

*Key Programs*

Free legal representation for eligible DuPage County residents through volunteer lawyers. Family law services include adoptions, divorce, child support, parentage, orders of protection, stalking no-contact orders, and guardianship. Chapter 7 bankruptcy assistance. Referral services are available if unable to assist.

## PRAIRIE STATE LEGAL SERVICES

815-965-2134 | [pslegal.org](https://pslegal.org)

*Start Here*

► **Legal Services:** Call to determine eligibility; West Chicago office serves DuPage County

*Key Programs*

Fair Housing Project investigates discrimination cases. Low Income Tax Clinic assists with IRS disputes and provides ESL outreach. Legal assistance for personal safety, housing needs, including eviction defense, and financial stability through debt relief and consumer protection. Focused on low-income residents and seniors aged 60.

# SENIOR SERVICES

## DUPAGE SENIOR CITIZENS COUNCIL (DSCC)

630-620-0804 | [dupageseniorcouncil.org](http://dupageseniorcouncil.org)

### *Key Programs*

**Congregate Meals:** Nutritious lunches at community meal sites Monday-Friday for seniors 60+. Three locations in the service area: Addison Park District (120 E. Oak St), Bloomingdale Township Senior Center (6N050 Rosedale Ave), Glendale Heights Center (260 Civic Center Plaza). Suggested donation \$4; no one turned away.

**Meals on Wheels:** Home-delivered meals for homebound seniors unable to prepare meals or travel to meal sites.

**Caregiver Support:** Respite care, support groups, education, and resource connections for family caregivers.

**Care Coordination:** Assistance connecting seniors with benefits enrollment, housing, transportation, and healthcare.

**Home Maintenance:** Minor repairs and modifications, including grab bars and accessibility improvements.

## BLOOMINGDALE TOWNSHIP SENIOR CENTER

6N050 Rosedale Rd, Bloomingdale | 630-529-7794 | [bloomingdaletownship.com/services/senior-center](http://bloomingdaletownship.com/services/senior-center)

### *Key Programs*

**Daily Activities:** Cards, games, crafts, social gatherings, fitness classes, and wellness programs for active adults 55+.

**Congregate Meals:** Nutritious hot lunches Monday-Friday through DSCC partnership, providing meals and socialization.

**Educational Programs:** Speakers, workshops, and classes on technology, financial planning, health, and current events.

**Special Events:** Holiday celebrations, entertainment, day trips, and special programs.

## GLENDALE HEIGHTS CENTER FOR SENIOR CITIZENS

260 Civic Center Plaza, Glendale Heights | 630-260-6050 | [glendaleheights.org](http://glendaleheights.org)

### *Key Programs*

**Daily Activities:** Cards, bingo, exercise, art, crafts, and social events, providing engaging activities and community connection.

**Congregate Meals:** Hot, nutritious lunches Monday-Friday with socialization and wellness monitoring.

**Fitness and Education:** Exercise classes, health workshops, technology skills, and enrichment programs.

**Day Trips:** Organized excursions to cultural events, restaurants, and entertainment venues.

**Medical Equipment Loan Program:** Check out donated medical equipment, e.g., walkers or wheelchairs

## RIDE DUPAGE

630-407-6500 | [ridedupage.org](http://ridedupage.org)

Ride DuPage is DuPage County's primary public transportation resource for seniors and people with disabilities, providing essential mobility for independence and community participation. Income-eligible passengers receive subsidized fares.

# LITERACY

**COMMUNITY TIP** → Most literacy and ESL programs are free and welcome learners at all levels. Many libraries offer free literacy tutoring and ESL classes. Check with your local library for programs and schedules.

## LITERACY DUPAGE

331-472-7160 | [literacydupage.org](http://literacydupage.org)

*Start Here*

► **Call:** 331-472-7160 to be matched with a free tutor.

*Key Programs*

**One-on-One Tutoring:** Free personalized tutoring in speaking, reading, writing, and listening skills with trained volunteers.

**Conversation Groups:** Drop-in Conversation Groups available at Addison Public Library and 10 other locations (virtual and in-person). Check our website for full details.

## COLLEGE OF DUPAGE - ENGLISH LANGUAGE ACQUISITION

630-942-3697 | [www.cod.edu/landing/ela-english.html](http://www.cod.edu/landing/ela-english.html)

*Start Here*

► **Carol Stream Public Library:** Monday/Wednesday 9-11:30AM; Saturday 9-1PM

► **Marquardt Middle School:** Tuesday/Thursday 6-8pm

*Key Programs*

**English Classes:** Free professionally taught classes at multiple proficiency levels with comprehensive reading, writing, listening, and speaking instruction. Must complete placement test before attending first class.

**College and Career Prep:** Academic English prepares students for college coursework, career training, and employment.

# COMMUNITY CHAMPION

## ADVOCATE FOR 708

[advocatefor708.org](http://advocatefor708.org) | [advocatefor708@gmail.com](mailto:advocatefor708@gmail.com)

**advocatefor708**  
MENTAL HEALTH • DEVELOPMENTAL DISABILITIES • SUBSTANCE USE

Advocate for 708 works to establish Community Mental Health (708) Boards across northern Illinois, addressing critical gaps in mental health, intellectual and developmental disabilities (I/DD), and substance use services. This grassroots organization empowers communities to create coordinated systems of care.

Between 2017 and 2023, Advocate for 708 helped nine boards launch in DuPage and Cook counties through successful referendum campaigns, now providing over \$16 million annually in support of mental health, I/DD, and substance use services. The organization mobilizes volunteers through petition drives, information sessions, and webinars, bringing together community members and local leaders to build support for 708 Board referendums.

**We are grateful to our local community champion, Mike "Pop" Murray, and to the Advocate for 708 volunteers, whose dedication has multiplied funding for mental health, I/DD, and substance use services across the region.**



### Helping Our Heroes Into Homes

The Roppo Team at Fairway Home Mortgage is dedicated to serving those who serve our community. Our First Responders and Hometown Heroes program provides a \$750 closing cost discount for eligible borrowers, including police officers, firefighters, teachers, healthcare professionals, paramedics, veterans, and active duty military.

With years of experience and a commitment to personalized service, The Roppo Team guides you through every step of the home buying process. Whether you're a first-time buyer or moving up, we're here to help you achieve homeownership with the benefits you've earned.

*Personalized guidance. Trusted expertise. Local commitment.*

261 N. York Road, Suite 201, Elmhurst  
630-327-8553 | [AskMyMortgageGuy.com](http://AskMyMortgageGuy.com)



### Guiding You Through Life's Transitions

Katie Smith, Certified Seniors Real Estate Specialist (SRES®), serves families at every stage of life. Whether you're a first-time homebuyer or searching for the perfect assisted living community, Katie brings compassionate, personalized support at every step. Deeply rooted in our community as president of Flags for Roselle and an active Rotary member, she's your trusted local advocate.

*Finding Homes With Heart!*

[Katie.HomesWithHeart@gmail.com](mailto:Katie.HomesWithHeart@gmail.com)  
630-207-0966 | [GMCreator.com](http://GMCreator.com)



### Professional Cleaning. Personal Touch.

Solutions Cleaning Services brings 20+ years of experience to every project—construction, industrial, commercial, and building maintenance.

Woman-owned, family-operated, and fully licensed, insured, and bonded. We customize our approach to your needs, offering eco-friendly options and responsive service you can count on.

*Your partner in keeping clean, professional spaces where our community works.*

880 Lake Street, Unit 808, Roselle  
630-351-8997 | [solutionscleaning.services](http://solutionscleaning.services)

# CRISIS HELPLINES

## CALL 211 FOR HELP

📞 211 🌐 [211dupage.gov](http://211dupage.gov) 🌐 [211metrochicago.org](http://211metrochicago.org)

211 connects individuals to expert, caring assistance. Serves as a resource for those unsure of who to contact, providing connections to health and social service resources. These include assistance with bills, food, housing, mental health, and disability support.

## CRISIS TEXT LINE

📱 Text HOME to 741-741 🌐 [crisistextline.org](http://crisistextline.org)

The Crisis Counselor assists individuals in moving from a heightened crisis to a calmer state through a secure online platform.

## DOMESTIC VIOLENCE HOTLINE

📞 800-799-7233 📱 Text START to 88788 🌐 [thehotline.org](http://thehotline.org)

The National Domestic Violence Hotline provides essential tools and support to survivors of domestic violence 24 hours a day, seven days a week, 365 days a year, enabling them to live lives free of abuse.

## DUPAGE COUNTY CRISIS LINE

📞 630-627-1700 🌐 [dupagehealth.org/183/Crisis-Services](http://dupagehealth.org/183/Crisis-Services)

This line is available 24/7, 365 days a year, for individuals experiencing emotional distress, suicidal thoughts, or seeking connection to DuPage County Crisis Services. Staff offer support and guidance to manage crises, explore options, and provide resources.

## ILLINOIS ADULT PROTECTIVE SERVICES

📞 866-800-1409 🌐 [ilaging.illinois.gov/protectionadvocacy/abuse.html](http://ilaging.illinois.gov/protectionadvocacy/abuse.html)

Report suspected abuse, neglect, or financial exploitation of adults age 60+ or adults with disabilities aged 18-59. Anyone who suspects an older adult or adult with disabilities is being abused, neglected, or exploited should call. Available 24/7.

## ILLINOIS DCFS CHILD ABUSE HOTLINE

📞 800-252-2873 🌐 [dcfs.illinois.gov/reporting](http://dcfs.illinois.gov/reporting)

Report suspected child abuse or neglect. Anyone concerned about a child's welfare can call for help. Professional crisis counselors provide intervention, information, and referrals for child abuse and neglect. Available 24/7 in English and Spanish.

## MENTAL ILLNESS HOTLINE

📞 630-752-0066 📱 Text HELPLINE to 62640 🌐 [namidupage.org](http://namidupage.org)

This peer-support service provides information, resource referrals, and support to individuals living with a mental health condition, their family members and caregivers, mental health providers, and the public.

## POISON CENTER

📞 800-222-1222 🌐 [illinoispoisoncenter.org](http://illinoispoisoncenter.org)

Free, confidential medical advice for poisoning emergencies and questions. Staffed 24/7 by pharmacists, nurses, and physicians who provide immediate treatment advice for exposures to medications, household products, chemicals, plants, and toxic substances. Call for any poison emergency or question.

## SUICIDE PREVENTION LIFELINE

📞 988 📱 988 🌐 [988lifeline.org](http://988lifeline.org)

The 988 Lifeline offers free, confidential 24/7 support for mental health, emotional distress, and substance use. It assists those feeling sad, hopeless, or suicidal, concerned loved ones, and those seeking treatment referrals.

## VETERANS CRISIS LINE

📞 988 press 1 📱 Text 838255 🌐 [mentalhealth.va.gov/suicide\\_prevention](http://mentalhealth.va.gov/suicide_prevention)

For Veterans in crisis or those concerned about one.